

# February 2012 Browns River Middle School

	Mon	Tue	Wed	Thu	Fri	
<i>Breakfast Options: Breakfast Sandwiches, Burritos Homemade Muffins, Granola, Ba- gels ,Yogurt &amp; Fruit</i>			<i>1 Ham &amp; Cheese or Tomato/Cheese Bagel Melt, Chips, Baby Carrots w/ Ranch, Fresh Apple &amp; Milk</i>	<i>2 Baked Russet Potato Bar– Meats, Cheese, Veggies &amp; Toppings, Assorted Fresh Fruits &amp; Milk</i>	<i>3 Homemade Pizza, Cheese or Meat, Fresh Veggies w/ Ranch, Orange Wedges &amp; Milk</i>	<i>Bag Lunches Avail- able: Pre-order, pre- pay– Deli Sandwich, Chips, Fresh Fruit, Cheddar Cheese, Milk</i>
<i>Breakfast Includes: Entrée, Fruit or Juice and Milk, Students \$2.00, Adults \$2.25</i>	<i>6 Pasta w/ Meat Sauce or Marinara, Fresh Tossed Salad,, Homemade Roll, Fresh Kiwi &amp; Milk</i>	<i>7 Grilled Chicken Caesar Salad, Garlic Bread, Fresh Banana &amp; Milk</i>	<i>8 Comfort Food Day– Homemade Soups, Homemade Bread, Salads &amp; Fresh Fruits &amp; Milk</i>	<i>9 Fajita Chicken/ Cheese or Refried Bean/Cheese Soft Taco Wrap, Fresh Veggies/ Ranch, Fruit &amp; Milk</i>	<i>10 Bagel Pizzas– Cheese or Meat, Cae- sar Salad, Trail Mix, Fresh Orange Wedges &amp; Milk</i>	<i>Garelick Farms Milk– Chocolate (sweetened w/pure cane sugar), 1% &amp; Skim.</i>
<i>Snack Bags Available: Bagel, Cream Cheese, Juice Cup &amp; Milk \$2.00</i>	<i>13 Homemade Baked Macaroni &amp; Cheese, Oatmeal Roll, Fresh Tossed Salad, Apple- sauce &amp; Milk</i>	<i>14 Grilled Cheese Sandwich, Chicken Noodle or Broccoli/ Cheddar Soup, Fresh Fruit &amp; Milk</i>	<i>15 Cheeseburger or Black Bean Burger on WW Bun, Caesar Salad, Granny Smith Apple &amp; Milk</i>	<i>16 Homemade Rotini Alfredo, Steamed Broccoli, Garlic Bread Stick, Fresh Orange Wedges &amp; Milk</i>	<i>17 French Bread Pizza– Cheese or Pepperoni, Fresh Veggies w/ Ranch, Fresh Apple &amp; Milk</i>	<i>Fresh Local Produce when available from our Local Farmers!!</i>
<i>Lunch Options: Fresh Salad Bar, Deli WW Sandwiches, WW Wrap Sandwiches &amp; Bagel, Students \$2.75</i>	<i>20 Brunch Lunch– Multi-Grain Waffles w/ Strawberry Sauce, Hash Brown Patty, Sausage, Fruit &amp; Milk</i>	<i>21 Homemade Lasa- gna– Sausage or Veg- gie, Caesar Salad, Fresh Anjou Pear &amp; Milk</i>	<i>22 Baked Chicken Breast, Seasoned Po- tato Wedges, Buttered Corn, Cinnamon Ap- plesauce &amp; Milk</i>	<i>23 Tuna Salad or Egg Salad on WW Bulky roll w/ Lettuce, Bag of Pretzels, Sliced Peaches &amp; Milk</i>	<i>24 Tex-Mex Pizza– Chicken or Veggie, Caesar Salad, Baked Cheetos, Pineapple Tidbits &amp; Milk</i>	<i>USDA is an equal opportunity provider and employer.</i>
<i>Milk \$.50, Fresh Fruit \$.50, Assorted Snacks Hershey Ice Cream Served M, W, F!!</i>	<i>27 No School</i>	<i>28 Winter Recess</i>	<i>29 Leap Year!!</i>			<i>Comments/Questions Contact David Horner Central Office david.horner@cesu.k 12.vt.us</i>